



August 2010

CrossRoads United Methodist Church

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| <p>1</p> <p>Don't forget food donation today for UMNC</p> | <p>2</p> | <p>3</p> <p>5:30 PM -6:30 PM YOGA</p> | <p>4</p> | <p>5</p> <p>5:45 PM -6:45 PM PILATES</p> | <p>6</p> | <p>7</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>8</p> <p>12:00 PM Witness Ministry Team Meeting</p> | <p>9</p> <p>7:00 PM Rebekah Circle</p> | <p>10</p> <p>10:00 AM Triune Circle</p> <p>11:00 AM Walk Class (gym)</p> <p>5:30 PM -6:30 PM YOGA</p> | <p>11</p> <p>11:00 AM Ruth Circle</p> <p>11:00 AM Walk Class (gym)</p> | <p>12</p> <p>11:00 AM Walk Class (gym)</p> <p>5:45 PM -6:45 PM PILATES</p> | <p>13</p> | <p>14</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>15</p> <p>Donations for Capelville Food Pantry today</p> | <p>16</p> | <p>17</p> <p>11:00 AM Walk Class (gym)</p> <p>5:30 PM -6:30 PM YOGA</p> | <p>18</p> <p>11:00 AM Walk Class (gym)</p> | <p>19</p> <p>11:00 AM Walk Class (gym)</p> <p>5:45 PM -6:45 PM PILATES</p> | <p>20</p> | <p>21</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>22</p> | <p>23</p> | <p>24</p> <p>11:00 AM Walk Class (gym)</p> <p>5:30 PM -6:30 PM YOGA</p> | <p>25</p> <p>10:00 AM Adult Bible Study</p> <p>11:00 AM Walk Class (gym)</p> | <p>26</p> <p>11:00 AM Walk Class (gym)</p> <p>5:45 PM -6:45 PM PILATES</p> | <p>27</p> | <p>28</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>29</p> <p>10:15 AM CROSSROADS CONNECTED</p> <p>11:30 AM UMW Spaghetti Lunch</p> | <p>30</p> | <p>31</p> <p>11:00 AM Walk Class (gym)</p> <p>5:30 PM -6:30 PM YOGA</p> | <table border="1"> <thead> <tr> <th colspan="7">Jul 2010</th> <th colspan="7">Sep 2010</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> </tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td> </tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td> </tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td> </tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td> <td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td> </tr> </tbody> </table> | | | | Jul 2010 | | | | | | | Sep 2010 | | | | | | | S | M | T | W | T | F | S | S | M | T | W | T | F | S | | | | | 1 | 2 | 3 | | | | | 1 | 2 | 3 | 4 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 26 | 27 | 28 | 29 | 30 | | |
| Jul 2010 | | | | | | | Sep 2010 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 18 | 19 | 20 | 21 | 22 | 23 | 24 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | 26 | 27 | 28 | 29 | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |